

Study on Clinical Application of Wumei Pills in Treating Jueyin Syndrome

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Abstract: "Treatise on Febrile Diseases" is a great work by Zhang Zhongjing, the medical sage of the late Eastern Han Dynasty. As a classic handed down, it has influenced countless doctors of later generations to follow the law and reason. Among them, Jueyin Disease is an overview of the use of Wumei Pills in the treatment of Jueyin Syndrome, and later generations of doctors have used this formula to treat syndromes based on clinical differentiation, addition and subtraction, and are widely used in complicated Jueyin Syndrome. The doctors of the past dynasties have their own understanding of the pathogenesis of Jueyin syndrome. After synthesizing the understanding of the pathogenesis of Jueyin by various famous scholars, this article collects the representative clinical applications of wumei pills in the past two decades and explores the effects of wumei pills in Jueyin. The etiology and pathogenesis of the changes in the clinical application of Yin syndrome, summarizing the effective ness of clinical flexible use of diagnosis and treatment, and exploring the application direction of Wumei Pills in Jueyin Syndrome. And the exact curative effect of some miscellaneous diseases, fully embodies the overall diagnosis and treatment thinking of TCM clinical treatment, dialectical treatment, and treatment of different diseases with the same treatment.

1. Introduction

In "Treatise on Febrile Diseases", the six meridians are used as the basis for syndrome differentiation. Among them, there are many articles on Jueyin disease in the chapter on Jueyin disease. However, doctors of different dynasties have different understandings on this, but only the outline of Jueyin disease in "Treatise on Febrile Diseases" is used. In terms of syndrome, the

specific manifestations of Jueyin disease described by it usually manifest as pain in the heart and chest due to irritability, thirst, qi rushing to the heart, hunger and unwillingness to eat, or vomiting of roundworms after eating. Among them, ascaris as the cause has gradually disappeared today with the improvement of the sanitary environment, but the Wumei Pill, which is the main symptom of ascaris, has been modified by doctors of the past dynasties and has become an effective prescription for the treatment of many miscellaneous diseases. Combining with clinical practice, the relevant research literatures on the treatment of Jueyin disease with the addition and subtraction of Wumei Pills in recent years are sorted out and discussed as follows.

2. Theoretical Analysis

Jueyin disease, the syndrome belongs to the six meridians, and various physicians have debated its provisions and medical principles since the past dynasties, and even Lu Yuanlei said: "The Jueyin chapter of typhoid fever is actually a suspected case through the ages." [1] In the entire "Treatise on Febrile Diseases" There are fifty-six articles in the chapter on Jueyin Diseases, including Jueyin Diseases, Jue Syndrome, Lixia, Vomiting, Keep, etc. In terms of syndromes, it is either cold or hot, or a mixture of cold and heat. In general, Jueyin disease can be clinically classified into four types: (1) upper heat and lower cold syndrome; (2) Jue Nei syndrome; (3) Jue heat wins and recombination syndrome; (4) lower sputum syndrome certificate. Its pathogenesis is often Jueyin suffering from pathogens, the liver fails to disperse, and the rise and fall of the spleen and stomach tend to be abnormal. Therefore, the stomach qi is injured by liver fire, the ability to accept and accept is damaged, and its qi does not descend but rises, so the syndromes of Jueyin appear in the article. At the same time, the rising and clearing of the temper is also committed by the stagnant fire of the liver, and the dispersal of yang qi is disordered and cannot warm the kidney yang. Therefore, it is seen that the limbs are reversed, and the lower profits are not stopped. In the "Nei Jing", it is believed that Jueyin is the yin and yang, which connects the two seasons of winter and spring, and has the characteristics of winter and spring, and the liver is the Shaoyang in the yin. Liver Qi stagnation. Therefore, when stasis occurs when the liver rises and releases stagnation, there is often a syndrome of Jueyin.

Wumei Pill was first recorded in the handed down masterpiece "Treatise on Febrile Diseases", and its Jueyin disease chapter was used to identify the meaning of Jueyin pathogens and turn cold in detail, so as to clarify the difference of various syndromes, and to find its cure. One of the representatives of Jueyin disease is Wumei Pill. Wumei Wan is mainly used by Ascaris Jue and Jiuli. It is precisely because this medicine is sour, bitter, pungent and warm, used in combination with cold and heat, that it can solve the evil of yin and yang, and the confusion of cold and heat. Zhao Shi [2] pointed out in his "Probing into the Mechanism of Wumei Pill's Prescription and Syndrome of Depression and Clinical Application" that the liver governs the growth of the main body and relies on the function of the spleen and kidney to help each other, so only by making it active in health and cultivation can it be "promoted". The hair is smooth and lush, the wood is quiet and the wind is calm." Therefore, he believes that Wumei Pill is a good prescription for the treatment of Sanyin disease, not limited to Jueyin. All the clinical syndromes are three Yin, and there are complex and difficult diseases with mixed cold and heat, deficiency and excess, all can be treated with the addition and subtraction of Wumei Pills. A physician [3] deduced from the "Huangdi Neijing" that the pathogenesis of Wumei Pills is "jueyin incompatibility, yang qi outside, and deficiency and cold endogenous". Some scholars [4] based on the characteristics of Jueyin and analyzed it from the perspective of luck theory, and concluded that Jueyin's physiology is "from yin to yang, yin and yang are coordinated, and harmony is born." Good deeds vary in number and are characterized by intricacy, with either cold and heat, or mixed cold and heat, or yang depression as

evil." All in all, there are different opinions in the academic circles on the theoretical research of Wumei Pill, but the general pathogenesis is roughly the same, that is, liver -yang deficiency. There is stagnant fire, liver yang deficiency is the main, and stagnant fire is the second. And this kind of stagnation fire is not necessarily on the diaphragm or in the stomach, it is the stagnation fire that can flow through the whole body. Therefore, in the use of Wumei Pills, the pathogenesis of the disease should be flexibly identified, and the treatment should be based on the concept of overall review.

3. Overview of Related Research

3.1 Study on the Pathogenesis Of Wumei Pill Syndrome

Wumei Pill was first seen in "Treatise on Febrile Diseases" in the chapter on Jueyin Disease, "The pulse of typhoid fever is weak and jue... Wumei Pill is the master of it". Although physicians in the old days studied the Treatise on Febrile Diseases intensively, they were limited by the level of productivity at that time, and the original text of Treatise on Febrile Diseases was not very detailed, so although there were different opinions, they could not form a unified opinion in the end., combined with TCM theory of viscera and meridian theory, with "opening and closing pivots" as a guide, to clarify the normal physiological functions of three yin, three yang and six meridians, until Zhang Zhicong in the Qing Dynasty revealed the relationship between opening and closing pivots, and proposed that "she pivots cannot be opened and closed, Abandoned and closed can not be transmitted" view. He basically formed the Qihua theory of opening and closing the central axis, helping doctors to understand the dialectics of the six classics from the source. Up to now, it still guides doctors to explore the chapter on Jueyin disease in Treatise on Febrile Diseases, and guides clinical practice. Yang [5] studied the theory of opening and closing pivots and zang-fu meridians, and looked at the annotations of the ancient physicians on Jueyin disease with a holistic thinking and syndrome differentiation, and concluded that the essence of Jueyin disease is " unfavorable closing of the machine, abnormal liver function, and inversion of qi machine. " In chaos, yin and yang are not in harmony." And Wumei Pills combines all kinds of sour, bitter, sweet, pungent, and severe cold and severe heat medicines. Restore the normal operation of the zang-fu organs. And through the study of its medicinal properties, it is believed that it can not only treat Ascaris Jue and Jiuli, but also widely treat other Jueyin miscellaneous diseases.

Shi Suofang [6] discussed the pathogenesis characteristics of Wumei Pill from the perspective of "Jueyin disease is about to resolve". He explained that Jueyin's disease is actually the abnormal operation of yin and yang, which leads to the incompatible connection of yin and yang, which leads to the disease of Jueyin. He believes that if the onset time of the disease is in line with the "Jueyin disease is about to be resolved", the use of Wumei Pills can have a better effect. Liu Shi [7] also discussed the treatment of Jueyin disease with Wumei Pills from the perspective of "Jueyin wants to resolve " 8. "The time to be solved is not the time to be solved, but the time of relevance." Some scholars [9] clearly pointed out that the "time to be solved" of Jueyin disease is from the ugly time to the Maoshi, that is, from one to three in the morning. During this period, patients with worsening symptoms or complications can be considered as Jueyin disease." It also explored the curative effect of 100 patients in the experiment of using Wumei Pills in " when you want to understand ", and made a detailed analysis and summary. There are also studies on the relationship between the use of Wumei Pills and "when you want to resolve" based on the theory of five movements and six qi [10], clarified that the underlying evidence is "the excessive wind and fire of the original qi, and the lack of the standard qi of Jueyin, resulting in the discordance of yin and yang. Then, the combination of cold and heat is a disease." In fact, Wumei Pill is a prescription for using both cold and warm to clear away heat from bitter cold. Most of the patients who develop the disease from Zi

Shi to Mao Shi have insufficient yang qi. And Wu Mei Wan Fangzheng this disease.

3.2 The Efficacy of the Formula

The common pathogenesis of Jueyin syndrome is a mixture of cold and heat. The black plum in Wumei Pills nourishes the liver, astringes the liver and winds, and is matched with angelica and cinnamon sticks to nourish the liver and wood. People participate in dried ginger to warm the spleen and nourish the soil., Aconite dispels cold and warms, and Huanglian Huangbai clears heat. Various medicines are used together, so that "water and fire are clear, wood and earth are restored, yin and yang are balanced, and cold and heat are reconciled", so that the qi mechanism is smoothed, so all diagnoses are self-removing. In terms of usage and dosage, "Treatise on Febrile Diseases" also gives a clear method and method. The king drug, black plum, is removed from the core and stained with wine overnight, and it is pounded with various medicines. The cooked rice is pounded into mud, and the medicine is different, and finally honey is added. The medicine is about the size of a sycamore seed. Take it before meals, and gradually increase the amount to twenty pills once. Taking care of the spleen and soil, smoothing the qi-mechanical hub, the source of heaven and the qi of water and valley reach the yin and yang in the body, so as to achieve the purpose of deeply treating Jueyin. On this basis, when faced with many intractable diseases, later generations of physicians often used Wumei Pills to add and subtract, or supplemented with other treatment methods. Expanded the clinical application of Wumei Pills.

3.3 Clinical Application Research

Due to the complex and changeable nature of Jueyin disease, and the differences in the physique, endowment and living habits of each patient, the symptoms it presents are very complex, and the pulse and tongue fur are also different. And because Jueyin is at the time when yin is exhausted and yang is born, it leads to the complex root of Jueyin disease. Now, the clinically significant and representative diseases of Wumei Pill are discussed as follows :

3.3.1 Digestive system

Of mixed cold and heat 11, Wumei Pill has been widely used in clinical practice for various digestive system diseases. Widely used in diarrhea caused by various reasons such as dysentery, post-cholecystectomy, diabetes and cancer [12][13][14]. In the clinical application of Wumei Pill addition and subtraction, syndrome differentiation and treatment. For chronic ulcerative colitis [15] [16], irritable bowel syndrome [17], and stomach pain, hiccup [18], esophageal reflux disease [19] included in the digestive system. At the same time, it also has a good effect on some biliary tract tumors [20] and gastrointestinal mucosal lesions caused by radiotherapy and chemotherapy [21][22]. In addition, in some daily common diseases such as gallstones [23], oral ulcers [24], the use of Wumei Pills is also effective after the pathogenesis is clarified and the syndrome is Jueyin.

3.3.2 Nervous system

In terms of nervous system, Wumei Pill is also widely used in various common diseases such as insomnia [25], depression syndrome [26], Parkinson's disease [27][28], and in some special diseases such as Meniere's disease [29], Meniere's disease In [30], there are also cases where symptoms improved after the use of Wumei Pills. It is worth mentioning that Zhou's [31] explained the etiology and pathogenesis of insomnia syndrome in the pathogenesis analysis, and found out that it belongs to Jueyin disease, and the combination of cold and warm with Wumei Pill is used in the

treatment of Jueyin cardinal unfavorable and yin and yang are incompatible. The effect of splicing is remarkable, so it can significantly improve the patient's sleep status, improve the quality of life of the elderly, and improve the level of traditional Chinese medicine for the treatment of intractable insomnia in the elderly. In terms of more common headaches, some scholars have also proposed the use of Wumei Pills to treat Jueyin headache [32], which means that in the initial stage of Jueyin headache or without the mixed appearance of cold and heat, Wuzhuyu Decoction can be used, but the disease will be accompanied by deficiency and excess over time. Mixed, mixed with cold and heat, this is determined by the physiology and pathology of Jueyin disease, so the main prescription of Jueyin disease, Wumei Pill, can achieve better results.

3.3.3 Circulatory and Respiratory System

In cardiovascular diseases and respiratory system diseases, due to the complexity of the disease and the changeable pathogenesis of this part of the disease, when dealing with such intractable diseases, Wumei Pills are used to treat premature ventricular contractions of coronary heart disease [33], cardiovascular neurosis [34] And invisible heart failure [35] examples are not uncommon. In asthma, some doctors try to use Wumei Pills dialectically to treat cough variant asthma from the perspective of immune factor rhythm and Jueyin when they want to resolve [36], and the curative effect is definite. In the treatment process of hormone-dependent asthma caused by the irregular use of hormones, after identifying the pathogenesis of the mixed cold and heat, the application of Wumei Pills with addition and subtraction has a significant effect [37].

3.3.4 Endocrine and Reproductive System

In the theory of traditional Chinese medicine, the kidney, which corresponds to the reproductive system, controls reproduction and is a part of the unified whole of yin and yang in the human body. The endocrine system is a manifestation of this unified whole. From the perspective of physiology, it is often manifested as endocrine disorder, so Wumei Pill is widely used in this field. There are many cases of famous doctors in the past. For example, Li Shimao, a master of traditional Chinese medicine, used Wumei Pills to treat perimenopausal syndrome [38], and Professor Liu Duzhou used Wumei Pills to treat menopausal syndrome [39]. In gynecological diseases, Wumei Pills are also often used for abnormal vaginal discharge [40][41], dysmenorrhea [42], pelvic inflammatory disease, and metrorrhagia [43] due to the combination of cold and heat. In andrology, there are also medical cases of using Wumei Pills to treat refractory erectile dysfunction [44].

3.3.5 Others

Many physicians and scholars have unique experience on the whole theory of Jueyin disease and the treatment of miscellaneous diseases with Wumei Pills. Zhang's [45] explained the effect of Wumei pills in the treatment of Jueyin miscellaneous diseases to reconcile the yin and yang of earth and wood, 45and be good at treating the mixed cold and heat ; Gynecological diseases with mixed pathogenesis of cold and heat is a medical case, and the clinical experience of Wumei Pill in the treatment of gynecological diseases is explained in detail. On the premise of clarifying the pathogenesis of Jueyin disease, many physicians have treated connective tissue disease [46], restless legs syndrome night pain [47], persistent heat [48], upper heat and lower cold through dialectical theory of Jueyin disease. type acne [49], chronic urticaria [50], diabetic dawn phenomenon [51], many have practical effects.

4. Conclusion

Wumei Pill side, since the creation of Jueyin disease chapter in Zhongjing's Treatise on Febrile Diseases, has been accompanied by commentaries and debates by physicians in the past dynasties. However, in terms of clinical diagnosis and treatment, many physicians do not stick to the original provisions of "Treatise on Febrile Diseases", but boldly deduce the pathogenesis of Jueyin disease, and use the pathogenesis as the outline of syndrome differentiation, and flexibly apply it to other similar pathogenesis. Based on the evidence, various clinical medical cases have been derived for the treatment of Jueyin disease with the addition and subtraction of Hua Dian Wu Mei Pill. It is in line with the idea of treating different diseases with the same treatment in TCM theory, and fully reflects the pathogenesis and application characteristics of TCM treatment.

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If any, should be placed before the references section without numbering.

Data Availability

Data sharing is not applicable to this article as no new data were created or analysed in this study.

Conflict of Interest

The author states that this article has no conflict of interest.

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